			Pι	ırpose	e Pre	p K -5	Cou	rse:	Kinde	ergart	en			
Unit 1: Why Emotions are Important							Jnit 2 ety Ba			Lea		Init 3 g Prin	3: nciple	ese
	ī.	onr	SUI	ţţ	cting		-gs	Rule	Ayself			_		

COL	JRSI	E CASEL ALIGNMENT	What are Emotions?	Why Emotions Matter	Identify & Change You Feelings	Coloring Our Emotions	How Emotions Impact Others	Safety First & Protectii Myself	Safe vs. Unsafe Relationships	Intro to the "Touching" Rule	"No Secrets Allowed" Ru	Talking Positively to Mys and Others	Being Generous	Being Honest	Develop Self-Control	Teamwork 101	Being Fair to Others
		Integrating personal and social identities															
		Identifying personal, cultural, and linguistic assets										✓					
	SS	Identifying one's emotions	√														
	SELF-AWARENESS ²	Demonstrating honesty and integrity															
	/ARI	Linking feelings, values, and thoughts															
	-AM	Examining prejudices and biases															
	ä	Experiencing self-efficacy															
	65	Having a growth mindset															
		Developing interests and a sense of purpose															
	m	Managing one's emotions			✓												
	SELF-MANAGEMENT ³	Identifying and using stress-management strategies															
	Ë	Exhibiting self-discipline and self-motivation															
	NAG	Setting personal and collective goals															
	Ψ-MA	Using planning and organizational skills															
	出	Showing the courage to take initiative															
S	S	Demonstrating personal and collective agency															
CASEL COMPETENCIES		Taking others' perspectives															
S	SS 4	Recognizing strengths in others										✓					
쁜	SOCIAL AWARENESS	Demonstrating empathy and compassion		✓													
Ë	AR	Showing concern for the feelings of others															
Ξ	¥	Understanding and expressing gratitude															
ဝ၁	CIAL	Identifying diverse social norms, including unjust ones															
ی	SO	Recognizing situational demands and opportunities												✓			
SE		Understanding the influences of organizations/systems on behavior						✓									
υ V		Communicating effectively				✓											
	လူ	Developing positive relationships															
	¥	Demonstrating cultural competency															
	RELATIONSHIP SKILLS ⁵	Practicing teamwork and collaborative problem-solving														✓	
	HS.	Resolving conflicts constructively									✓	Ш					
	<u>o</u>	Resisting negative social pressure															
	LAT	Showing leadership in groups															
	2	Seeking or offering support and help when needed							✓				✓				
		Standing up for the rights of others															
	9	Demonstrating curiosity and open-mindedness															
	E E	Identifying solutions for personal and social problems								√							
	SIB	Learning to make a reasoned judgment after analyzing information, data, facts															
	NO I	Anticipating and evaluating the consequences of one's actions															
	ESF	Recognizing how critical thinking skills are useful both inside & outside of school															✓
	RESPONSIBLE DECISION-MAKING [©]	Reflecting on one's role to promote personal, family, & community well-being					✓										
		Evaluating personal, interpersonal, community, and institutional impacts													✓		

- $1.\ https://casel.org/wp-content/uploads/2020/10/CASEL-SEL-Framework-10.2020-1.pdf$
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- 6. "The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations."





Identifying one's emotions

Demonstrating honesty and integrity
Linking feelings, values, and thoughts

Examining prejudices and biases

Experiencing self-efficacy

Having a growth mindset

Managing one's emotions

Taking others' perspectives

Communicating effectively

Developing positive relationships

Demonstrating cultural competency

Resolving conflicts constructively
Resisting negative social pressure
Showing leadership in groups

Standing up for the rights of others

Recognizing strengths in others

Demonstrating empathy and compassion

Showing concern for the feelings of others

Understanding and expressing gratitude

-MANAGEMENT 3

AWARENESS 4

RELATIONSHIP SKILLS 5

CASEL COMPETENCIES

Integrating personal and social identities

Identifying personal, cultural, and linguistic assets

Developing interests and a sense of purpose

Identifying and using stress-management strategies
Exhibiting self-discipline and self-motivation
Setting personal and collective goals
Using planning and organizational skills
Showing the courage to take initiative
Demonstrating personal and collective agency

Identifying diverse social norms, including unjust ones
Recognizing situational demands and opportunities

Practicing teamwork and collaborative problem-solving

Seeking or offering support and help when needed

Demonstrating curiosity and open-mindedness

Identifying solutions for personal and social problems

Understanding the influences of organizations/systems on behavior

			P	urpo	se Pı	ep K⋅	-5 Cc	ourse:	1st	Grad	е			
Ur	nit 1: Basic	Lear Emo	ning I otions	My	U	nit 2: and V	: My Vell-l	Heall Being	th			Jnit 3 ive L		
What to Do When You're Happy or Sad	What to Do When You're Angry	All About Love	What Do I Do When I'm Afraid?	Peace	Personal Boundaries	Intro to the "Always Ask" Rule	Keeping Others Safe	Speaking Up and Reporting Unwanted Touches	Learning Helps with Personal Goals	Creating Personal Values	Healthy Life Choices	Practicing Perserverance	Being Respectful	Colobration Difference
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										•				v
												✓		
✓			✓											
				✓	✓									
					V				√					
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		✓												
		✓												

Reflecting on one's role to promote personal, family, & community well-being Evaluating personal, interpersonal, community, and institutional impacts

2. "The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts."

Learning to make a reasoned judgment after analyzing information, data, facts

Recognizing how critical thinking skills are useful both inside & outside of school

Anticipating and evaluating the consequences of one's actions

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✓

6. "The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations."





		Р	urpo	se Pr	ep K	-5 Co	ourse	2nd	Grad	le		
		otion ships			ا Healt	Jnit : :hy G		1	U	nit 3: the	Unle Best	ng
Friend	one about			,or	rent & Need	fe & Wanted Touches	ind Report-	form	f Values		sible	athy

			Attitude	Being a Good Frie	Talk to Someone a Your Fears	Happiness	Feeling Sad	"No" Means "No"	We're All Different & Help in Different W	Safe vs. Unsafe & vs. Unwanted Touc	Speaking Up and R ing Unsafe Touches	Goals to Transform Behavior	The Impact of Val	Optimism	Being Responsible	Gratitude	Showing Empathy
		Integrating personal and social identities															
		Identifying personal, cultural, and linguistic assets															
	SS	Identifying one's emotions															
	SELF-AWARENESS ²	Demonstrating honesty and integrity													✓		
	AR	Linking feelings, values, and thoughts															
	-AN	Examining prejudices and biases															
	ä	Experiencing self-efficacy												✓			
	0)	Having a growth mindset															
		Developing interests and a sense of purpose											✓				
		Managing one's emotions			✓												
	SELF-MANAGEMENT 3	Identifying and using stress-management strategies															
	Ä	Exhibiting self-discipline and self-motivation															
	NAG	Setting personal and collective goals										✓					
	ΨΨ	Using planning and organizational skills															
	监	Showing the courage to take initiative								✓							
S	S	Demonstrating personal and collective agency	✓								✓						
쁘		Taking others' perspectives															✓
S	SS	Recognizing strengths in others															
븯	ä	Demonstrating empathy and compassion															✓
E E	ARI	Showing concern for the feelings of others		✓													
COMPETENCIES	SOCIAL AWARENESS 4	Understanding and expressing gratitude														✓	
ပ္ပ	CIAL	Identifying diverse social norms, including unjust ones															
긢	SO	Recognizing situational demands and opportunities															
CASEL		Understanding the influences of organizations/systems on behavior															
C		Communicating effectively															
	LS	Developing positive relationships				✓											
	출	Demonstrating cultural competency							✓								
	P S	Practicing teamwork and collaborative problem-solving															
	RELATIONSHIP SKILLS ⁵	Resolving conflicts constructively															
	ē	Resisting negative social pressure	_					✓									
	[F]	Showing leadership in groups															
	2	Seeking or offering support and help when needed															
		Standing up for the rights of others															
		Demonstrating curiosity and open-mindedness															
	H Š	Identifying solutions for personal and social problems															
	MAI	Learning to make a reasoned judgment after analyzing information, data, facts					✓										
	RESPONSIBLE CISION-MAKING	Anticipating and evaluating the consequences of one's actions															
	RES CISI	Recognizing how critical thinking skills are useful both inside & outside of school															
	PECI	Reflecting on one's role to promote personal, family, & community well-being															
		Evaluating personal, interpersonal, community, and institutional impacts															

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Seeking or offering support and help when needed

Demonstrating curiosity and open-mindedness

Identifying solutions for personal and social problems

Understanding the influences of organizations/systems on behavior

			F	Purpo	se Pr	ep K	-5 Co	urse:	3rd	Grad	е			
Emo	Uni tions	t 1: \ are		rtant	Pers	L sonal	Jnit 2 Resp		ility	Liv		Jnit 3 rom l	: Purpo	ose
Why are Emotions Important?	How to Make Good Decisions	Changing Bad Feelings	Coloring Our Emotions	How Emotions Impact Others	Stay Safe	Follow Your Feelings	Secrets Worth Sharing	Keep Speaking Up	Peaceful Words	What Are Values & Principles?	Personal Responsibility	Having Integrity	Giving Respect to Others	Teamwork
											✓			
✓			√											
			_									✓		
	✓													
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Anticipating and evaluating the consequences of one's actions

Learning to make a reasoned judgment after analyzing information, data, facts

Recognizing how critical thinking skills are useful both inside & outside of school Reflecting on one's role to promote personal, family, & community well-being Evaluating personal, interpersonal, community, and institutional impacts

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- 5. The domines to establish and mannain neutrity and supportive relationships and to effectively navigate settings will diverse in which the control of the
- 6. "The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations."





Purpose Prep K-5 Course: 4th Grade

Unit 1: Learning Unit 2: Personal Unit 3:

My Basic Emotions Health Concepts Exercising My Heart

	KS	E CASEL ALIGNIVIENT	Sadness and Happin	Anger	Love	What Do I Do When I Afraid?	Finding Peace	Be Responsible	Unsafe vs. Unwanted	Respect Everyone & Personal Rights	How to Say "No"	Goal Achievement Tha Brings Hope	Building My Values System	Personal Grit	Grateful Hearts	Free Forgiveness	Empathy
		Integrating personal and social identities															
		Identifying personal, cultural, and linguistic assets															
		Identifying one's emotions															
	ä	Demonstrating honesty and integrity															
	/ARI	Linking feelings, values, and thoughts															
	-AN	Examining prejudices and biases															
	SELF-AWARENESS	Experiencing self-efficacy															
	0,	Having a growth mindset															
		Developing interests and a sense of purpose											✓				
		Managing one's emotions															
	ä	Identifying and using stress-management strategies	✓														
	Ë	Exhibiting self-discipline and self-motivation		✓													
	SELF-MANAGEMENT 3	Setting personal and collective goals												✓			
	ΨĀ	Using planning and organizational skills										✓					
	当	Showing the courage to take initiative									✓						
S	S	Demonstrating personal and collective agency															
CASEL COMPETENCIES		Taking others' perspectives															✓
S	SS 4	Recognizing strengths in others														✓	
2	N.	Demonstrating empathy and compassion			✓												
Ę.	ARE	Showing concern for the feelings of others															
Ξ	¥	Understanding and expressing gratitude													✓		
ပ	SOCIAL AWARENESS	Identifying diverse social norms, including unjust ones															
ی	SO	Recognizing situational demands and opportunities								✓							
SE		Understanding the influences of organizations/systems on behavior															
S		Communicating effectively															
	လူ	Developing positive relationships															
	Ā	Demonstrating cultural competency															
	P S	Practicing teamwork and collaborative problem-solving															
	RELATIONSHIP SKILLS ⁵	Resolving conflicts constructively															
	ē	Resisting negative social pressure							✓								
	E	Showing leadership in groups															
	22	Seeking or offering support and help when needed															
		Standing up for the rights of others															
		Demonstrating curiosity and open-mindedness	-														
	٣ĕ	Identifying solutions for personal and social problems															
	SIB	Learning to make a reasoned judgment after analyzing information, data, facts	-			√											
	RESPONSIBLE DECISION-MAKING ⁶	Anticipating and evaluating the consequences of one's actions	_				√										
	ZES CISI	Recognizing how critical thinking skills are useful both inside & outside of school															
	DEC	Reflecting on one's role to promote personal, family, & community well-being															
		Evaluating personal, interpersonal, community, and institutional impacts						√									

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PURPOSE	PREP K-5
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			P	urpo	se Pr	ep K	-5 Co	urse:	5th	Grad	е		
Ur	Unit 1: Emotions 8 Relationships						: Pos ve Inf			Bec		Init 3 g Uns	able
		-		Love					t Our			aking	

CUL	JKSI	E CASEL ALIGNMENT	Bullying	Attitude	Being a Good Friend	Anger toward Others	Giving & Receiving Lo	Always Ask	Relationships	Protecting Others	Unsafe Secrets	Being Realistic about C Dreams and Goals	Values & Purpose	Being Optimistic	Healthy Decision-Mak	Generosity	Leadership
		Integrating personal and social identities															
		Identifying personal, cultural, and linguistic assets															
	SS 2	Identifying one's emotions															
	N.	Demonstrating honesty and integrity															
	/ARI	Linking feelings, values, and thoughts											✓				
	.AM	Examining prejudices and biases												✓			
	SELF-AWARENESS	Experiencing self-efficacy										✓					
	0)	Having a growth mindset															
		Developing interests and a sense of purpose															
		Managing one's emotions				✓											
	ENT	Identifying and using stress-management strategies															
	ËM	Exhibiting self-discipline and self-motivation															
	SELF-MANAGEMENT 3	Setting personal and collective goals															
	-MA	Using planning and organizational skills															
	- H	Showing the courage to take initiative															
S	S	Demonstrating personal and collective agency															
CASEL COMPETENCIES	_	Taking others' perspectives															
S	SS ,	Recognizing strengths in others															
끹	N.	Demonstrating empathy and compassion															
H.	/ARI	Showing concern for the feelings of others						✓									
Ξ	₩	Understanding and expressing gratitude															
ဝ၁	SOCIAL AWARENESS 4	Identifying diverse social norms, including unjust ones			✓												
믔	SO(Recognizing situational demands and opportunities															
SE		Understanding the influences of organizations/systems on behavior													✓		
ည		Communicating effectively							✓								
	ွ	Developing positive relationships					✓										
	KIL	Demonstrating cultural competency	√														
	P S	Practicing teamwork and collaborative problem-solving															
	RELATIONSHIP SKILLS	Resolving conflicts constructively															
	Į.	Resisting negative social pressure															
	[FA]	Showing leadership in groups															✓
	22	Seeking or offering support and help when needed									✓					✓	
		Standing up for the rights of others								✓							
		Demonstrating curiosity and open-mindedness		✓													
	ÄÄ	Identifying solutions for personal and social problems															
	SIB	Learning to make a reasoned judgment after analyzing information, data, facts															
	RESPONSIBLE DECISION-MAKING ⁶	Anticipating and evaluating the consequences of one's actions															
	RES	Recognizing how critical thinking skills are useful both inside & outside of school															
	DE(Reflecting on one's role to promote personal, family, & community well-being															
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