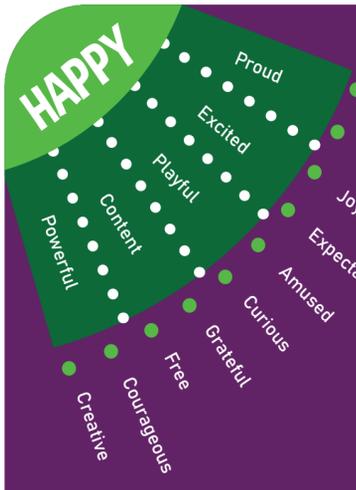


SUCCESSFUL

JOYFUL

PROUD



FREE

COURAGEOUS

CREATIVE

POWERFUL

CONTENT



PURPOSE PREP™
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EXPECTANT

EXCITED

AMUSED

PLAYFUL

CURIOUS

STRONG

GRATEFUL

OFFENDED

JEALOUS

FRUSTRATED



WITHDRAWN

ANNOYED

HUMILIATED

AGGRESSIVE

BETRAYED

DEFEATED

MAD

BITTER

RIDICULED

HOSTILE

DISRESPECTED

PROVOKED

PURPOSE PREP™
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SECURE

VALUED

ACCEPTED



CONFIDENT

RESPECTED

SAFETY

OPTIMISTIC

EMPOWERED

INSPIRED

TRUSTED

ADMIRER

PROTECTED

HOPEFUL

AFFECTIONATE

APPRECIATED

PURPOSE PREP™
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EMPATHETIC

JOYFUL

AWARE



PEACE

- Forgiveness
- Kind
- Respectful
- Calm
- Aware
- Receptive
- Thoughtful
- Rested
- Understanding
- Courteous
- Gentle
- Generous
- Compassionate
- Empathetic
- Enpathetic

Koko

PEACE!

PURPOSE PREP™
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GENEROUS

FORGIVENESS

GENTLE

KIND

COURTEOUS

RECEPTIVE

CALM

THOUGHTFUL

RESPECTFUL

RESTED

UNDERSTANDING

RELAXED

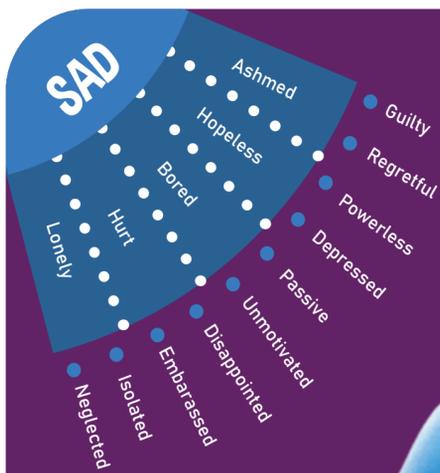
REGRETFUL

GUILTY

LONELY

NEGLECTED

POWERLESS



HURT

ASHAMED

ISOLATED

DEPRESSED

BORED

HOPELESS

EMBARRASSED

PASSIVE



Izzy

SAD!

PURPOSE PREP™

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UNMOTIVATED

DISAPPOINTED

INADEQUATE

WORTHLESS

ANXIOUS



BOA

FEAR!

PURPOSE PREP™
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INFERIOR

EXCLUDED

REJECTED

INSECURE

UNSAFE

STRESS

WORRIED

NERVOUS

SCARED

DOUBTFUL

HELPLESS

OVERWHELMED

Which Spark Space Are You In

RIGHT NOW?

What happened that made you feel that way?

Do you want to stay there or find a path to a most positive feeling?

Can you find the feeling that best describes your current mood or emotion?

How did you get to that feeling?

How can you keep a feeling that is positive?

What emotion chain reaction will your feelings have today?

How can you change your feeling if it's not where you want to be?

If you could write about your feelings right now, what would you write?

Koko
PEACE!

Izzy
SAD!

Boa
FEAR!

Fizz
LOVE!

Pepper
ANGER!

Chow
HAPPY!